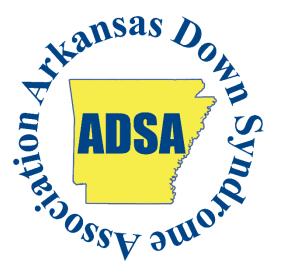


Do you know somebody with Down Syndrome?

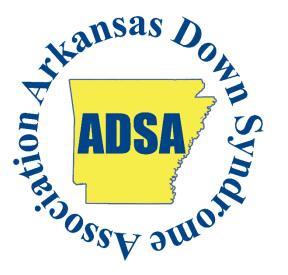
James Hunt, MD



Down syndrome is named after a British doctor, Dr. John Langdon Down, who fully described the syndrome in 1866.



Down syndrome occurs when a person has an extra copy (3 copies) of the 21st chromosome.



Approximately one in every 700 babies in the United States is born with Down syndrome.



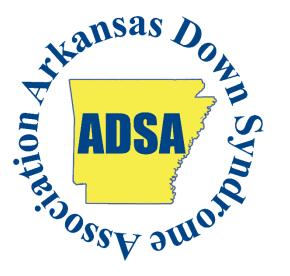
Photograph by artist Rachel Handlin





Artist Rachel Handlin, a photographer with Down syndrome; the *first ever* to attend the California Institute of Art . . .

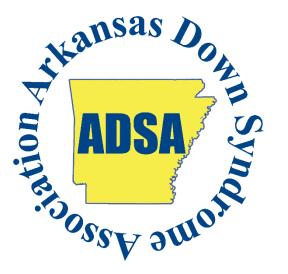




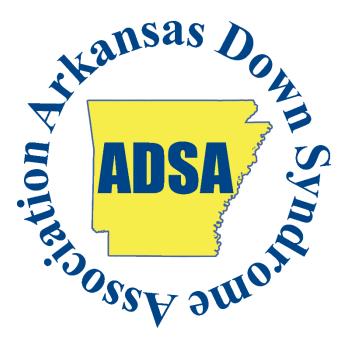
Down syndrome is the most commonly occurring chromosomal disorder in the United States.



Down syndrome has nothing to do with race, nationality, religion, socioeconomic status or anything the mother or father did during pregnancy—it happens randomly at conception.

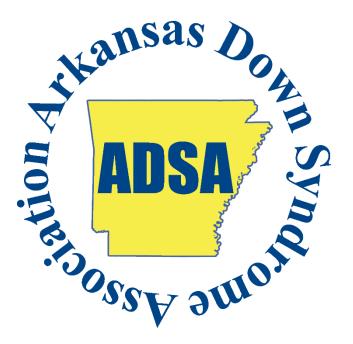


Life expectancy for people with Down syndrome has increased dramatically in recent decades—from 25 years in 1983 to 60+ years today.



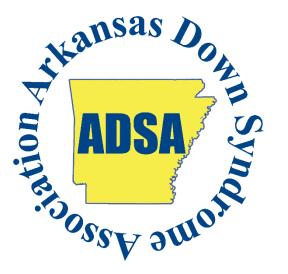
Bobcat, watercolor on rice paper by the artist Raymond Huwww.raymondhu.net



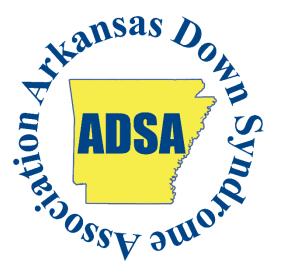




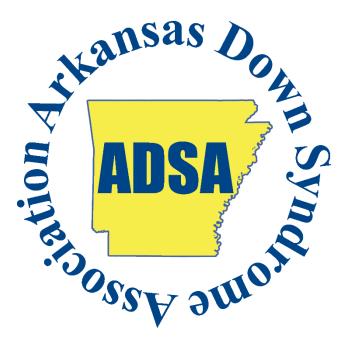
Raymond Hu, Chinese-American artist with Down syndrome



Low muscle tone is common in individuals with Down syndrome, and can affect posture, breathing, eating and speech.



People with Down syndrome have increased risk for heart conditions at birth, hearing and vision loss, respiratory problems, childhood leukemia, thyroid conditions and Alzheimer's.



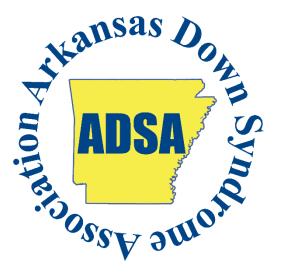
Sujeet Desai is an artist with Down syndrome.
Sujeet plays seven instruments:
Bb and Bass clarinet,
Alto Saxophone,
Violin, Trumpet, Piano & Drums.



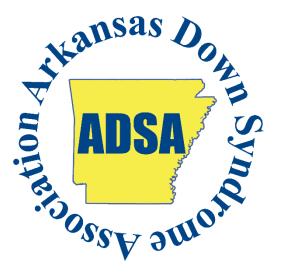




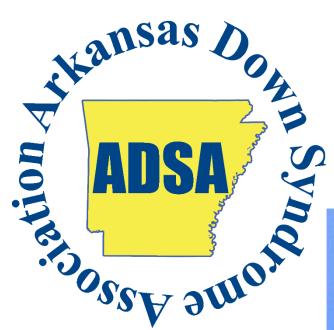
Sujeet Desai with Elaine Kwon at Carnegie Hall 2015



Instead of saying, "A Down's child" say, "A child with Down syndrome." This is called person first language. Speak about the person before the diagnosis.

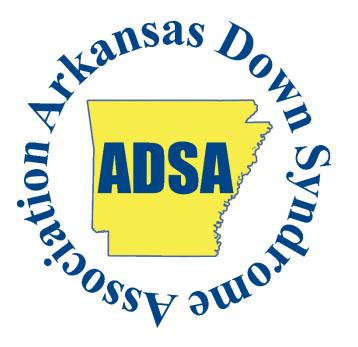


People with Down syndrome are not all the same. We are all individuals, regardless of how many chromosomes we have.



John Lee Cronin, entrepreneur and founder of the multi-million dollar John's Crazy Socks

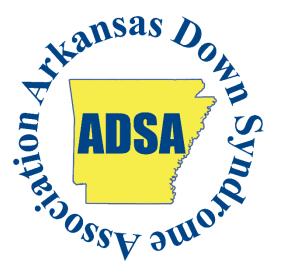




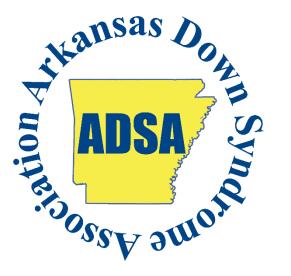
John Cronin in, and on, Times Square!

www.johnscrazysocks.com





People with Down syndrome have creative thoughts, ideas, and jobs; they enjoy and need meaningful conversations and relationships—just like people without Down syndrome.



The 21st of March was officially declared World Down Syndrome Day (WDSD) by the Untied Nations General Assembly in 2011.



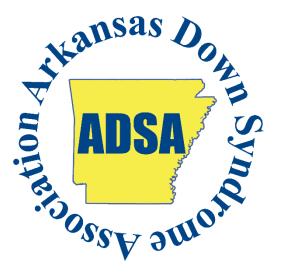
Zack
Gottsagen,
American actor
with Down
syndrome



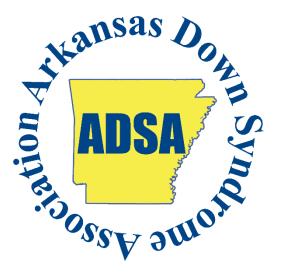


Zack and Shia Labeouf in "The Peanut Butter Falcon"





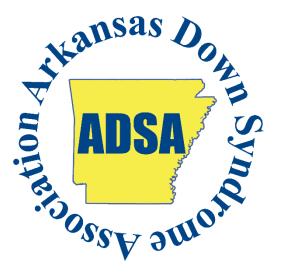
March 21 (3/21) was selected to signify the uniqueness of triplication (3) of the 21st chromosome that causes Down syndrome.



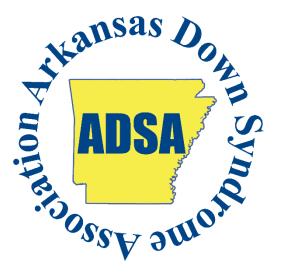
President Ronald Reagan signed a resolution in 1984 declaring October National Down Syndrome Month (Arkansas Senator Dale Bumpers was a co-sponsor on the resolution).

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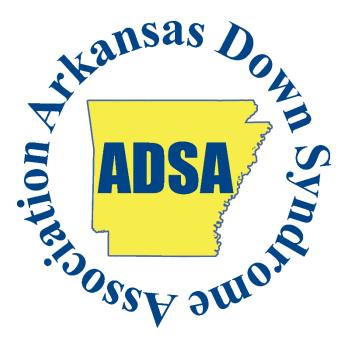




>80% of babies with Down syndrome are born to women younger than 35 years of age.

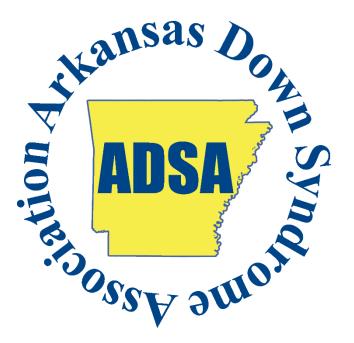


There's no such thing as "mild" or "severe" Down syndrome; you either have Down syndrome or you don't.



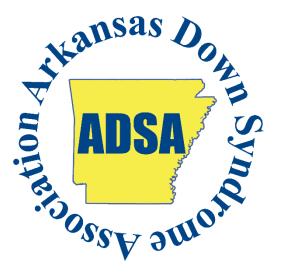
Johnny Depp,
Acrylic and water color
on canvas
by artist John Kelting



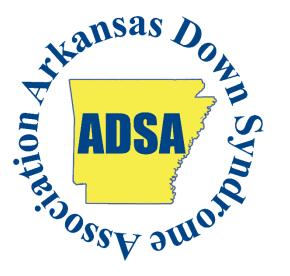


John Kelting, an American artist with Down syndrome http://jpkelting.com





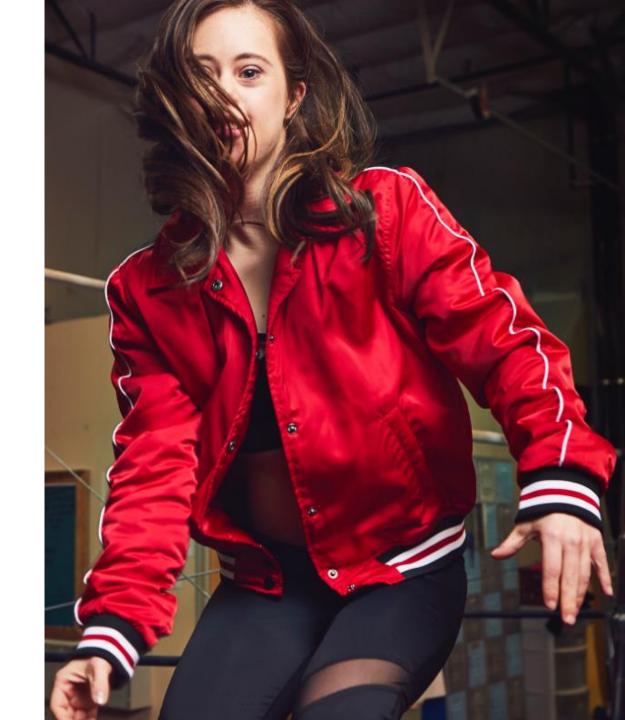
Doccupational, Physical and Speech therapies are used to promote the greatest possible development of independence and productivity in individuals with Down syndrome.



Some common physical traits of Down syndrome include: smaller bridge of the nose, an upward slant to the eyes, and a single deep crease across the center of the palm.



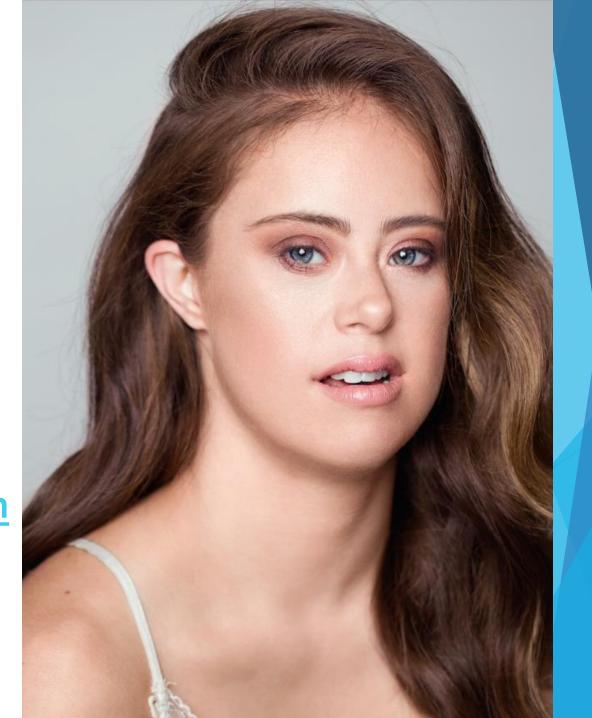
Chelsea Werner, *four-time*US Special Olympics
National Gymnastics Champion

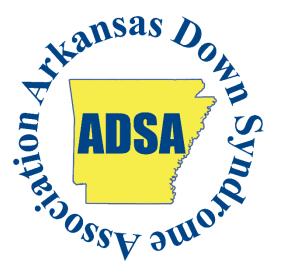




Chelsea Werner, gymnast and model with Down syndrome

www.chelseaworldchampion.com





Individuals with Down syndrome are not 'always happy'; they have a full range of emotions.



Dunes, watercolor by Dylan Kuehl

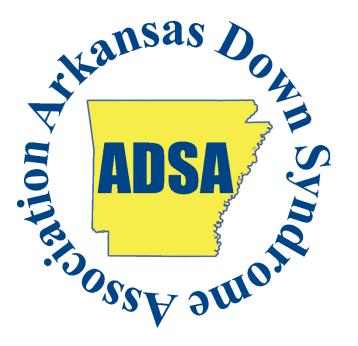




Dylan Kuehl, artist who happens to have Down syndrome (with his Mom, Terri Rose)



www.oly-wa.us/dkarts



Madison Tevlin, singer, actress, star of 2023 movie "Champions" with Woody Harrelson





Now you know! Take time to listen and be a friend to someone with Down syndrome!

Learn more at our website: www.ardownsyndrome.org

